

International Nepal Fellowship

Prospectus October 2010



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Overview

Introduction

INF is an interdenominational and international Christian mission that exists 'to encourage and strengthen the Nepali church and to serve Nepali people'. The vision for this work began in India in the 1930s, before Nepal was open to outside people or influences. When the country opened up in 1952, a small group of medical missionaries and Nepali friends walked north from the Indian border to the Pokhara valley, setting up a clinic and a few years later the 'Shining Hospital' – the first hospital in the west of Nepal.

Some 58 years later, INF is still pursuing this same historic purpose. This prospectus gives an overview of the INF family today – explaining who we are and what we do. It also highlights the major areas where we need support in order to continue our current work and take forward the new and exciting opportunities that are before us. Please read on and see how you might be able to help.

The INF family

There are six members of the INF family.

INF Nepal is the biggest member of the family and is a national non-government organisation which implements a range of health and development programmes in western Nepal. It has a staff of about 345 Nepalis and 35 expatriate volunteers. It works in TB and leprosy control, community health and development, hospital and rehabilitation services for people with disabilities, drug awareness / rehabilitation and HIV / AIDS education, counselling and care. INF is governed by a board of Nepali Christian leaders and led by a Nepali Executive Director.



**MACHHAPUCHHRE – THE MOUNTAIN THAT
INSPIRED THE INF LOGO**



SPINAL CORD INJURY CLIENT AT INF'S GREEN PASTURES HOSPITAL AND REHABILITATION CENTRE

INF Worldwide finds, trains and supports expatriate volunteers to work with INF Nepal and several other partner organisations. It has a vision to develop in two new areas:

- strengthening Nepali Christian institutions through leadership development and organisational support
- reaching out to some of the twelve million Nepali-speaking people outside Nepal, including labourers in Malaysia and the Gulf, trafficked people in Indian cities and immigrants in Western countries

The board of INF Worldwide acts as the global co-ordination forum for the different members of the INF family.

INF UK, INF Australia, INF New Zealand and INF North America

help to resource the work of INF through the provision of people, finance and prayer. These organisations are supported by individual people who share an interest in the purpose of INF. In recent years these organisations have also begun to develop a growing vision for working with Nepali migrants in their countries.

INF locations in Nepal



INF Nepal's programmes have significant funding needs, partly due to expansion of areas of work [eg community based rehabilitation and socio-economic rehabilitation], and also due to the completion of major donor contracts for leprosy and TB work. The global recession is affecting grants, and one of our biggest donors is cutting funding by 30% this year and probably by 10-15% next year. INF Worldwide also has some significant needs as it seeks to start up a number of new areas of work. INF as a whole is therefore keen to attract new donors to widen its donor base and ensure the ongoing implementation of its work for the benefit of the poor and marginalised of Nepal.

The financial information presented here is necessarily brief, and the funding situation changes frequently as various donors and proposals come and go. More detailed plans and budgets, as well as up-to-date information on funding needs, is available on request from donor.liaison.officer@nepal.inf.org

Most of our projects are in need of funding. The shortfalls presented here are being managed in various ways:

- Some projects will not begin until funding is found
- Some projects have a shortfall that can be temporarily covered by reserves and carry-forward balances
- Some projects are in the process of applying for funds from donor organisations
- Some projects face a real prospect of closure if we cannot find funds soon

Figures presented are based on an exchange rate of 73 Nepali Rupees per US Dollar and may change as rates vary.

INF Nepal

Background information

Vision: Transformed communities where each individual enjoys health, peace, justice and harmony with God and others, living a dignified life to the full.

Mission: INF Nepal is a Nepali Christian non-government organisation which exists to serve the people of western Nepal, particularly the disadvantaged, marginalised and vulnerable, by demonstrating God's love and concern, and restoring relationships with God, others and creation.

Strategy: INF Nepal works to bring sustainable improvement in the health and development of individuals and communities, primarily through direct implementation but also through partnerships with government and community organisations, including churches.

Legal: INF Nepal is registered in Nepal's Kaski District Administration Office, and is registered with Nepal's Social Welfare Council as a national non-government organisation. It is one of only a very few national Christian non-government organisations.

Governance: The board of INF Nepal is made up of senior Nepali Christian leaders from central and western Nepal. The Executive Director of INF Worldwide sits on the board as an adviser. The board is currently chaired by Pastor Grishma Parajuli and normally meets four times per year.

Head office: Pokhara.

Executive Director: Dr Deependra Gautam.

Staffing: 345 Nepalis and 35 expatriate volunteers [seconded from INF Worldwide].

Expatriate staff needs: A full up-to-date list of all expatriate staff vacancies is available on request from the INF Worldwide Recruitment Officer at recruitment@world.inf.org and on our web site at www.inf.org/jobs



INF CLIENTS FROM DAILEKH



DROP-IN CENTRE FOR DRUG ADDICTS IN NEPALGUNJ

Summary of Programmes

INF Nepal's work is implemented through six geographically-focused Programmes. The largest, the Kaski Programme, is in Nepal's Western Region. The other five are in the Mid Western Region, which includes some of the poorest parts of Nepal. INF Nepal's work focuses on key technical areas, as follows:

- **Leprosy:** Includes treatment of those with complications [e.g. reactions], advocacy for those requiring treatment in government facilities, and physical and social rehabilitation.
- **TB:** Includes treatment of those with complex TB [multi-drug resistant TB, HIV co-infection etc.] and advocacy for those needing treatment in government services.
- **HIV/AIDS and drug abuse:** INF runs a voluntary counselling and testing centre in Pokhara and carries out HIV/AIDS awareness through most programmes. INF also runs a drop-in and residential centre for drug addicts in Nepalgunj.
- **Disability:** Includes physical rehabilitation and reconstructive surgery, socio-economic rehabilitation, community-based rehabilitation, and advocacy and awareness raising.
- **Community health and development:** INF works with a variety of communities [displaced people, poor women, remote and disadvantaged communities] to empower and facilitate them to improve their lives. This leads to work with them on infrastructure [e.g. drinking water systems], formal and non-formal education, agriculture, income generation etc. This is implemented with community health aspects of work, including training of community health volunteers, health awareness, improvement of basic health services etc.
- **Health services support:** Improving local services by training government staff [in technical and management aspects], provision of technical support, and infrastructure and equipment support.
- **New work:** nutrition; medical camps; climate change awareness; peace and reconciliation training; integral mission.

INF Programmes are supported by INF Nepal's Central Office, which is located in Pokhara [Kaski District] and Nepalgunj [Banke District] and provides essential organisational services such as Finance, Personnel, Administration, the Director's Department, Donor Advice, Security, Technical Advice and Programme Co-ordination. The costs of the Central Office are mostly met from a small administration charge on Programmes [approximately 6.5%].

Banke Programme

INF's Banke Programme serves the people of the Banke and Bardiya Districts in the southern 'Terai' plain area of mid-western Nepal, the poorest region of the country. The INF Banke Programme has approximately 60 staff and five expatriates.



TB OUTPATIENTS IN INF'S BANKE TB CENTRE

Project	Brief description	Annual budget	Annual funding needs
TB referral centre	The main referral centre in mid-western Nepal for care and treatment of seriously ill TB patients and those with complications including multi-drug resistance. Well regarded by government, provides outpatient service and inpatient care for up to 26 patients. Plays a key role in developing capacity of government health staff in running TB work in treatment centres.	US\$213,000 €164,000 £135,000	US\$45,000 €35,000 £29,000
TB hostel	A 20-bed hostel run in partnership with a local non-government organisation for poor multi-drug-resistant TB patients who are on a two-year treatment course.	US\$20,000 €15,000 £12,000	US\$7,000 €5,000 £4,000
Leprosy transit ward	The TB referral centre also runs a small leprosy outpatients department and 5-bed leprosy inpatient ward. The outpatients department provides diagnosis and referral, while the ward provides care for minor complications. After diagnosis, cases are referred to government health posts unless they are severe, in which case they are referred to INF's Surkhet clinic or Green Pastures Hospital.	US\$16,000 €13,000 £10,000	US\$10,000 €7,000 £6,000
Community health and development	Works with marginalised communities and individuals to empower them to identify and solve their problems by themselves. Focus communities are the people of Rapti Pari, displaced people and people with disabilities in Banke and Bardiya Districts. Activities include self-help group formation, problem analysis, literacy classes, health camps, water and sanitation support, health education, income generation, micro-business, infrastructure development and savings.	US\$135,000 €104,000 £86,000	US\$3,000 €3,000 £2,000
Drug Awareness and Rehabilitation Centre	Working to reduce drug abuse and improve the health and quality of life of users, and their relationships with their families. Serves users and families from Banke and other districts in the Mid Western Region. Services include a drop-in centre for daily counselling and therapy, awareness raising, health clinics, home visits etc.	US\$68,000 €52,000 £43,000	US\$13,000 €10,000 £8,000
Bheri Zonal Hospital support	Helps to improve the quality of services at the government's Bheri Zonal Hospital. The current focus is on supporting physiotherapy, and advocacy on behalf of poor patients needing free treatment and admission. A poor fund helps patients needing treatment and referral.	US\$19,000 €15,000 £12,000	US\$0 €0 £0



CLINIC IN DANG

Dang Programme

The INF Dang Programme serves people in the Rapti Zone of Nepal's Mid Western Region, one of the least-served areas of the country. The Zone includes 'Terai' plain districts and middle-hill districts and has been severely affected by conflict.

Project	Brief description	Annual budget	Annual funding needs
Care and support	Provides outpatient clinics for leprosy neuritis and general rehabilitation patients, physiotherapy service, protective footwear and orthotic devices, two-week residential self-care training for leprosy clients, prevention of impairment and disability training for government health care workers and community / church volunteers and an assessment / advice centre providing TB / leprosy assessment, diagnosis, advice, counselling, referral, advocacy and charity support	US\$47,000 €36,000 £30,000	US\$14,000 €10,000 £9,000
HIV prevention	Preventing HIV infection in two village areas with high seasonal migration rates, reducing stigma and discrimination, establishing community care and support systems for people living with HIV/AIDS	US\$27,000 €21,000 £17,000	US\$0 €0 £0
Health services support	Supports government health services by training Nepali doctors and funding referral of poor patients. Plans to support establishment of physiotherapy department at sub-regional hospital.	US\$1,000 €1,000 £1,000	US\$0 €0 £0
Community health and development	Strengthening health services in the Gobrahiha and Bela village areas, raising awareness, improving environmental health and mother and child health.	US\$74,000 €57,000 £47,000	US\$0 €0 £0
Displaced People's Initiative	Helping poor communities who have been displaced [by conflict or for other reasons] to improve their lives. Self-help groups are involved in projects such as micro-business, shelter, drinking water, literacy and sanitation.	US\$34,000 €26,000 £21,000	US\$2,000 €2,000 £2,000
Community rehabilitation	Helps disabled people to integrate into their communities economically, physically and socially, and builds the capacity of disabled people's organisations	US\$56,000 €43,000 £35,000	US\$0 €0 £0

Jumla Programme

Jumla District is in the mountainous Karnali Zone, the least developed part of Nepal, with very poor health services, low health awareness and very poor communities. INF's work focuses on strengthening health services, and working with marginalised communities to achieve sustainable improvements in their health and quality of life.

Project	Brief description	Annual budget	Annual funding needs
TB and leprosy clinic	Serves the isolated people of Jumla and surrounding districts with inpatient care [13 beds] for leprosy, TB and other forms of severe disability. Outpatient services include skin, burn and dental clinics. A poor fund enables referral of disadvantaged patients [by plane] to services outside the area for treatment of serious conditions.	US\$90,000 €69,000 £57,000	US\$20,000 €15,000 £13,000
Nutrition Rehabilitation Centre	INF's Nutrition Rehabilitation Centre is an 8-bed unit treating severely malnourished children who cannot be managed at home. They receive locally available nutritious food according to a feeding schedule, treatment and care. The mothers are intensively counselled and taught how to prepare locally available foods for their child and all aspects of child care. Children are referred to the centre from other parts of the Jumla Programme, the government health system and non-government organisations. Field staff make monthly / quarterly visits to the homes of malnourished children to ensure long-term improvement.	US\$50,000 €38,000 £31,000	US\$7,000 €5,000 £4,000
Health services support	Supports government health posts [with training, equipment and specialist clinics] and the district hospital [with medical camps and staff training].	US\$26,000 €20,000 £16,000	US\$0 €0 £0
Community health development and rehabilitation	Supports disadvantaged communities, focusing on low castes, women and disabled people. Self-help groups are formed and work in micro-business, education, literacy etc. Disabled people are supported through specialist care. Awareness raising programmes on health, nutrition, disease and disability are given in all working areas through discussion groups, role plays, radio broadcasts and poster / pamphlet distribution.	US\$129,000 €99,000 £82,000	US\$5,000 €4,000 £3,000



INF STAFF MEMBER WEIGHING A MALNOURISHED CHILD IN JUMLA



WHEELCHAIR PRACTICE AT GREEN PASTURES

Kaski Programme

The work of the INF Kaski Programme is based in Pokhara, but covers the whole of the Western Region of Nepal and provides services to other areas of Nepal also.

Project	Brief description	Annual budget	Annual funding needs
Green Pastures Hospital and Rehabilitation Centre	A 73-bed hospital and rehabilitation centre providing tertiary care for leprosy patients and people with disabilities. Focus on spinal cord injuries, amputees and surgical reconstruction.	US\$693,000 €533,000 £440,000	US\$154,000 €118,000 £98,000
Kapilvastu Community Health and Development	INF is working to strengthen local health services in Kapilvastu District, the least developed District in the Western Region. The work has diversified to include activities with community groups through the 'group action process'.	US\$106,000 €82,000 £68,000	US\$3,000 €3,000 £2,000
Partnership For Rehabilitation	Helps people with disability or stigmatising disease to integrate into their communities – socially, physically and economically. Working with local communities, provides training and business opportunities to enable people with disabilities to become self-sufficient and build capacity of other local organisations to provide similar services. Also provides technical support to other INF centres.	US\$300,000 €230,000 £190,000	US\$71,000 €55,000 £45,000
Paluwa	Comprehensive care for people infected and affected by HIV and AIDS – voluntary counselling and testing services, treatment of sexually transmitted infections, income generation, vocational training and support for the government's Western Regional Hospital.	US\$167,000 €129,000 £106,000	US\$70,000 €54,000 £44,000
Paluwa Baglung	Building the capacity of Baglung District government hospital and raising community awareness.	US\$50,000 €38,000 £32,000	US\$2,000 €1,000 £1,000

Mugu Programme

The INF Mugu Programme has been running for the last seven years in the poorest district of Nepal. The programme has seen significant improvements in its target areas, including improved health awareness and services and empowered communities taking action to improve their own lives.

Project	Brief description	Annual budget	Annual funding needs
Community health and development	Increases the ability of the people of the remote and impoverished Mugu District to bring about sustainable improvements in their own lives and institutions. The programme works in two main areas: <ul style="list-style-type: none"> health work including mother and child services and helping health facility support committees to improve the quality and range of services provided by local health posts community development, including: strengthening village development committees and local user committees such as those dealing with water, forestry and agriculture; and empowering community groups, particularly those involving the disadvantaged, to improve their own situation [including work with local people to construct a drinking water system they feel they need, enabling them to maintain the system, and raising awareness of sanitation and personal hygiene] 	US\$202,000 €155,000 £128,000	US\$13,000 €10,000 £8,000
Migration support work	This is a relatively new area of work, aiming to reduce the risks of people migrating from the Kamali Zone to India through awareness-raising, advocacy and improving access to services for migrants [for example health and education] through partners in north-west India. This links with INF Worldwide's work with these people in India.	US\$50,000 €39,000 £32,000	US\$0 €0 £0



MUGU: LIVING ON THE EDGE



LEPROSY PATIENTS IN SURKHET

Surkhet Programme

The INF Surkhet Programme's work area covers the middle-hill districts of Surkhet, Jajarkot and Dailekh. The Programme also serves the whole Mid Western Region through its Leprosy Referral Centre. Focus is on the holistic treatment and rehabilitation of those affected by leprosy and other disabilities. The Programme also works with marginalised community groups, for example those displaced by conflict.

Project	Brief description	Annual budget	Annual funding needs
Leprosy referral centre	The only specialist leprosy centre for the Mid Western Region of Nepal. The centre provides inpatient care for up to 30 patients and outpatient advice, counselling and support.	US\$163,000 €126,000 £104,000	US\$47,000 €36,000 £30,000
Support and self-care and general rehabilitation	A 10-bed unit provides residential health education for leprosy patients discharged from treatment, teaching them how to carry out the activities of daily life safely. Orthopaedic footwear and appliances are also made on site. A 6-bed unit provides physiotherapy and occupational therapy for those with general disabilities (spinal cord injuries, strokes etc). Physio- and occupational therapy services are also provided for outpatients.	US\$114,000 €87,000 £72,000	US\$15,000 €12,000 £10,000
Hospital support	Provides training and support for local government hospitals in obstetric and gynaecological care.	US\$37,000 €28,000 £23,000	US\$0 €0 £0
Community health and development	Focuses on the following areas: <ul style="list-style-type: none"> community facilitation of self-help groups leprosy-affected people groups of people with disabilities mother and child welfare direct client assistance 	US\$124,000 €95,000 £78,000	US\$17,000 €13,000 £11,000

Other needs

Project	Brief description	Annual budget	Annual funding needs
Camps	Providing medical camps [gynaecology, ear etc.] in remote areas with volunteer doctors.	US\$100,000 €77,000 £63,000	US\$0 €0 £0
Health Technical Adviser	Travel and subsistence costs of the Health Technical Adviser, who regularly visits all INF centres, monitoring the work, advising, collecting data on TB, leprosy etc.	US\$15,000 €11,000 £9,000	US\$0 €0 £0
Community Health and Development Technical Adviser	Travel and subsistence costs of the Community Health and Development Technical Adviser, who regularly visits all INF centres, training staff, monitoring the work, advising, collecting data on community health and development etc.	US\$28,000 €21,000 £18,000	US\$0 €0 £0
Community Based Rehabilitation Technical Adviser	Travel and subsistence costs of the Community Based Rehabilitation Technical Adviser who regularly visits all INF centres, monitoring the work, advising, training staff, collecting data on community-based rehabilitation etc.	US\$35,000 €27,000 £22,000	US\$19,000 €15,000 £12,000



A CLIENT WITH TUBERCULOSIS



INF Worldwide

Background information

In addition to its primary role of supporting the work of INF Nepal through the secondment of expatriates and provision of funding, INF Worldwide secondments expatriates to a few other organisations and supports a few projects directly. INF Worldwide's vision includes outreach to the Nepali diaspora.

Legal: INF Worldwide is registered in Australia as a Non Profit Company limited by guarantee. It works in Nepal through five-yearly agreements with the government's Social Welfare Council.

Governance: The board of INF Worldwide comprises representatives from all INF organisations as well as three directors who are elected from the serving mission members. It is chaired by Reinhold Betz, a former INF mission member who is now working with our partner mission Forum Wiedenest in Germany. The board normally meets four times per year by teleconference and once a year face-to-face in Nepal.

Head office: The official registered head office of INF Worldwide is in Australia. However, the functional office is in Kathmandu, Nepal.

Acting Executive Director: Seeta Gurung.

Staffing: INF Worldwide employs around 20 Nepali staff in its head office and primary study centres. Around 15 expatriate volunteers serve directly with INF Worldwide, in addition to approximately 40 expatriate volunteers who are seconded to INF Nepal and other organisations.

Programmes: INF Worldwide is a relatively new organisation so, apart from its 'Partnership Programme', much of its work is in the development stage. Its main need is for seed funding to help develop ideas and vision into effective programmes of work, and for partners who are willing to support that work with funding or personnel as it develops. The main areas of work and development are described briefly below. More comprehensive plans and budgets are available for most of these areas on request.



RETURNEES' DROP-IN CENTRE IN KATHMANDU

Outline of Programmes

Project	Brief description	Annual budget	Annual funding needs
Faith@Work	Promoting the workplace as a valid and valuable place of ministry where professionals and business people can be influential for Christ.	US\$19,000 €14,000 £12,000	US\$13,000 €9,000 £8,000
CBO Support Programme	Assisting motivated community-based organisations to be development agents within their own communities.	US\$2,000 €2,000 £1,000	US\$1,000 €1,000 £1,000
India Migrant Initiative	Promoting safe migration through health education, economic literacy skills and advocacy at the Nepal-India border. Working to provide job skills development and life skills training to poverty-stricken Nepali migrants in India.	US\$49,000 €36,000 £31,000	US\$24,000 €18,000 £15,000
Diaspora Initiative	Together with Malaysian and Nepali churches, reaching out to the 250,000+ Nepali migrant workers in Malaysia. Providing support through teaching and literature provision to the hundreds of thousands of Nepali migrant workers throughout the Gulf states. Together with Malaysian and Nepali churches, supporting new Nepali believers on their return from working abroad through counselling, advice, training and connecting them with local churches.	US\$18,000 €14,000 £12,000	US\$11,000 €8,000 £7,000

Staffing needs summary

Programme	Post
Partnership Programme [most urgent only]	Surgeons and general practitioners
	Gynaecologists
	Teachers
Diaspora	Diaspora co-ordinator
	Case support specialists [with experience in advocacy / supporting victims of trafficking]
	Trainers in health awareness [HIV / AIDS, hygiene, nutrition]
	Legal expert with grounding in international law that can be applied at an individual and national level

For further details please e-mail recruitment@world.inf.org



NEPALI MIGRANTS ON THE WAY TO INDIA



A Christian mission
serving Nepali people
through health and
development work

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